VOL 103, MARCH 2023

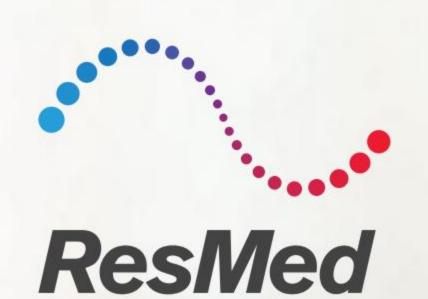


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THIS MONTH

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FEATURES

TOGETHER WE STAND

How Ian Marsh and Mick Morrissey are turning the tide for veteran wellbeing west of the Great Divide.

UNDER THE HOOD

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MEMBERSHIP

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RSL NSW NEWS

Cumberland RSL sub-Branch's \$2 million donation, opening the Nowra Veteran Wellbeing Centre, ANZAC Day and more.

SUB-BRANCH NEWS

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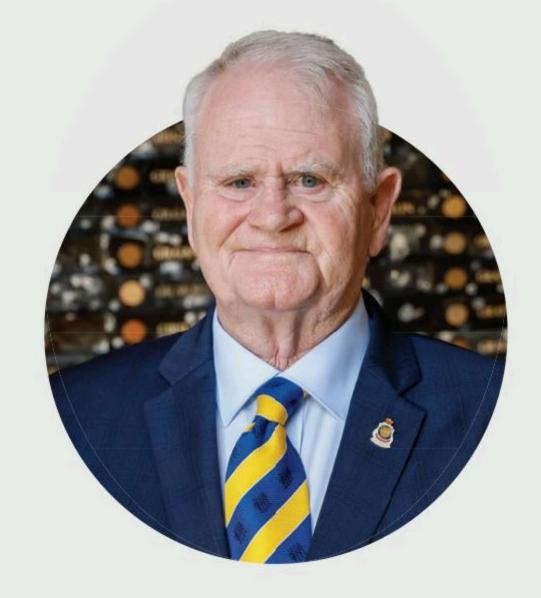
President Ray James and CEO Jon Black on upcoming elections, sub-Branch incorporation, Aqua Rugby and more.

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LAST POST

SNAPSHOT

Aqua Rugby



RAY JAMES OAM PRESIDENT, RSL NSW

"It's our role, as the older guardians of the League, to ensure that when a young veteran who's ready to lead does put their hand up, we make space for them ... Ensure you are creating space for the future leaders and helping them to develop."

n the afternoon of Remembrance Day last year, I watched rugby players from the Navy and Army, both current and former service members, in an exhibition match out on the water at Manly.

Some of these players were RSL NSW members, across both the veteran and current serving cohort, and some more involved in their sub-Branches than others.

Watching them warm up, chat and connect, I was reminded of my own days playing rugby with the Navy — of the easy camaraderie that comes with immediate recognition. I was also reminded of my own varying levels of involvement in the RSL, my sub-Branch and the state Branch over the decades.

For the first 20 or so years of my sub-Branch membership, I wasn't one of the 'involved and active' members, wasn't engaged in the sub-Branch executive or the workings of the organisation. If I'd been one of those rugby players at that Remembrance Day event, the President wouldn't have been able to pick whether I was a member or not.

This mirrors behaviour we're seeing among younger members now. Last year, more than 2,000 new members joined us, but we can't expect them all to immediately raise their hands for executive roles.

Our job is to welcome them and welcome any assistance they have the time to provide, and to

ensure they are receiving any support they require. It's to identify the future leaders, to listen when they tell us they have the potential or the desire to lead, and to mentor and prepare them to do so. It's to strengthen the League so that, when they are ready, we can hand over a great organisation.

It's also our role, as the older guardians of the League, to ensure that when a young veteran who's ready to lead does put their hand up, we make space for them.

I encourage the leadership in each sub-Branch around the state to look critically at your membership, and ensure you are creating space for future leaders and helping them to develop.

After this critical evaluation,
ANZAC Day commemorations
are an excellent opportunity to
identify the younger veterans in
your local area who may help
you bridge any gaps. Introduce
yourself, introduce other
members from your sub-Branch,
and invite the veterans and their
families along to an upcoming
social activity.

As we move towards state
Branch elections, I also
encourage older members to
nominate and support the future
leaders in our ranks, and younger
veterans who are ready to lead
to consider standing for election.

RRfames



JON BLACK CEO, RSL NSW

hank you to the many members who have provided positive feedback on the RSL NSW Strategic
Plan 2021-26 initiatives that are already making an impact at their sub-Branches, including the Member Recruitment Toolkit, the Veterans' Catalogue, the Compliance Annual Report and the Sport and Recreation Program, the last of which is being implemented across the state this year.

While there is more to do to achieve our vision, there is momentum across the state as members see the value in attracting new members and delivering on our charitable purpose by working together to provide services and support to veterans and their families.

I encourage all veterans to download the Veterans' Catalogue app to explore the range of services available in your area. Like the RSL NSW website, the app relies on sub-Branches updating their contact

details in the sub-Branch Portal so that veterans can find services and support in their community.

I have received several enquiries regarding sub-Branch incorporation. The decision to incorporate as a company limited by guarantee lies with sub-Branches, with RSL NSW Board approval. By way of guidance, last year the Board approved a model Constitution, which is housed on the RSL NSW website and sub-Branch Portal.

Several sub-Branches are still seeking to incorporate as an association rather than as a company. While the Board is still open to considering this, the rationale for incorporating as a company has not changed.

If you have any questions regarding Strategic Plan initiatives, please contact support@rslnsw.org.au or call 1300 679 775.





THE RETURNED AND SERVICES LEAGUE OF AUSTRALIA (NEW SOUTH WALES BRANCH)

ANZAC House Suite 11.02 Level 11, 175 Pitt St, Sydney, NSW 2000

Phone (02) 9264 8188
Email support@rslnsw.org.au
Web www.rslnsw.org.au

PresidentRay James

Chief Executive Officer

Jon Black

State Secretary
Jeff O'Brien



Publishing Director Jelena Li

Managing Editor Hallie Donkin

Editor

Lachlan Haycock

Creative DirectorGareth Allsopp

Senior Designer Fiona Robinson

Integrated Producer Lisa Galvan

Cover photographyMax Mason-Hubers

Advertising Manager

Tommy Murphy +61 2 9556 9145 tommy@mahlab.co

Advertising Operations Executive

William Ryan 0412 747 323 william.ryan@mahlab.co

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ANZAC DAY MARCH 2023

The Sydney ANZAC Day March honours those who have served in the defence of Australia or its interests. Here's a quick guide to the day.



Who can march

Anyone who has served in the Australian Defence Force (ADF) is eligible to participate in the March. Veterans' descendants are invited to march with a unit formation as carers (maximum of one carer per marching veteran), banner parties or flag carriers.

All other descendants are invited to march within the descendants contingent. One descendant of a deceased veteran may honour their relative's service in the march and may wear their medals on the right breast.

The march is not a parade no vehicle, animal (except registered service animals), weaponry, memorabilia (including historic uniforms) or photographs may be included.



Formation

Veterans should assemble with one of the units of which they were or are a member. The choice of where to march is a personal one, however those who served together should march together as an act of remembrance and mateship.

Formations of more than eight should march as close to eight abreast as practicable.

Units should form up as follows:

- 1. Leader
- 2. Banner party
- 3. Veterans
- 4. Carers

The march is three hours long. Veterans who may not cover the whole distance on foot are encouraged to position themselves at the side of their formation so they can fall out independently and proceed to an exit point.



Transport

Veterans are entitled to free public transport on ANZAC Day.

The NSW Taxi Council has generously offered to place vehicles and drivers at RSL NSW's disposal for the transport of blind or disabled ex-servicemen and women through the march. For bookings, please contact the NSW Taxi Council on 02 8339 4644 before 6 April.



Watch from home

The march will be televised on ABC TV and can be streamed on iView after the event.

On the day



4:15AM

Dawn Service The Cenotaph, Martin Place



9AM

Sydney **CBD March**

12:30PM

Commemoration Service

Anzac Memorial, Hyde Park

5PM

Sunset Service Ceremony

The Cenotaph, Martin Place







Order of March

- 1. Navy / Army / Air Force
- 2. Commonwealth troops

 7. Civilians in support of
- **3.** Civilians in support of Australian troops
 - 4. Descendants of Australian veterans5. Allies

The Order of March cannot be changed without the approval of ANZAC House.

Find out more and download or request printed copies of route maps and other resources by using the QR code. You can also contact 1300 679 775.





RSL NSW BOARD ELECTION TIMELINE

18 JULY

Nominations open

15 AUGUST

Nominations close

12 SEPTEMBER

Voting begins

10 OCTOBER

Voting closes

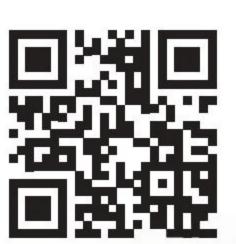
19 OCTOBER

Successful candidates notified

25 OCTOBER

Directors take office

Have your say in the direction of RSL NSW by nominating for a Board position. Information about how to nominate will be published on the RSL NSW website.



RSL NSW VIRTUAL EVENT

Tune in to RSL NSW's upcoming virtual event, 'Q&A: How RSL sub-Branches reach out to veterans and gain new members' to hear from fellow veterans about how their sub-Branches are attracting new members — and then take those tips back to your own sub-Branch. The event will be held online on Thursday 30 March.

NOWRA VETERAN WELLBEING CENTRE

OPEN

The state-of-the-art Nowra Veteran Wellbeing Centre was officially opened on 5 December 2022, after operating from a temporary location in 2022.

facility, RSL LifeCare and its partners are providing a range of health and wellbeing services for veterans, current serving Australian Defence Force members and their families.

A team from the centre also travels regularly to Goulburn, helping veterans throughout the region access wellbeing support.

Together with RSL
LifeCare, RSL NSW is
committed to expanding its
network of Veterans' and
Families' Hubs working with
local communities and other
ex-service organisations to
offer support and services
to veterans and their
families, which is a key
initiative of the RSL NSW
Strategic Plan 2021-26.

The centre has received funding from the Australian Government's \$43.2 million investment in a network of Veterans' and Families' Hubs, formerly known as Veteran Wellbeing Centres. RSL NSW and RSL LifeCare are in the process

of applying for further funding from the Australian Government to establish four more hubs, one each in Queanbeyan, the Hunter Region, the Hawkesbury Region and Tweed/Far North Coast.

These hubs will provide localised support and services to the community, working in conjunction with other local ESOs such as Soldier On and Open Arms, while also acting as a hub for a wider network of support. All RSL sub-Branches will be able to access services, call in for assistance, and refer veterans to the hubs regardless of their location.

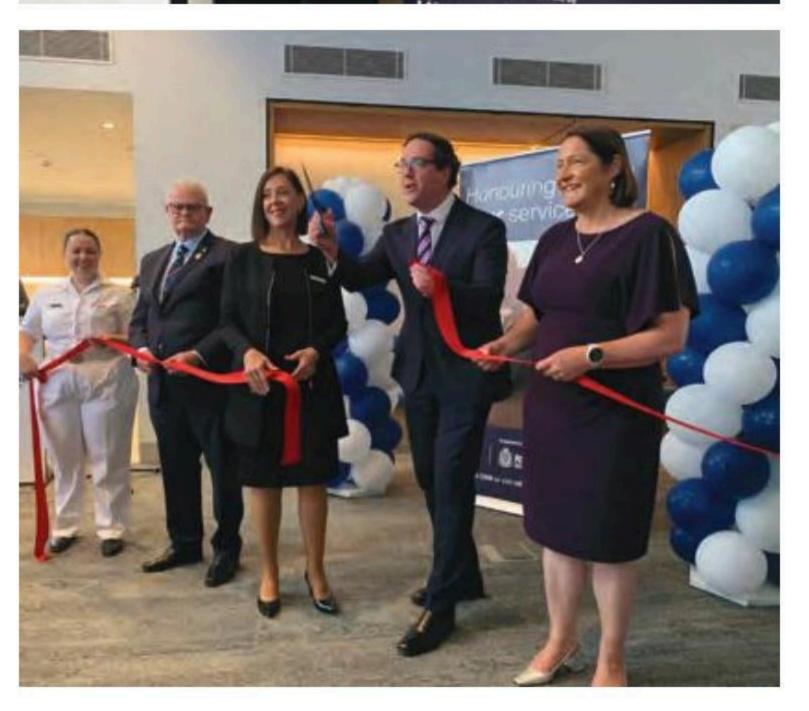
TAKE A VIRTUAL TOUR.

Use the QR code to explore the custom-built Nowra facility for veterans and their families.









The Minister for Veterans' Affairs
Matt Keogh, RSL NSW President
Ray James and RSL LifeCare CEO
Janet Muir were among those who
attended the centre's opening.



\$2 MILLION SUB-BRANCH DONATION

The Cumberland RSL sub-Branch is committed to supporting the future of RSL NSW. As announced at RSL NSW Congress last November, the sub-Branch has donated \$2 million to the Veteran Support Fund in support of the implementation of the RSL NSW Strategic Plan 2021-2026.

he Cumberland RSL sub-Branch committee and trustees agreed to submit to the membership a plan to fund the operational requirements of the Strategic Plan via a direct \$2 million donation.

Their aim was to support
RSL NSW into the future
and provide the organisation
with certainty in planning,
development and implementation
of the Strategic Plan.

"We prepared an information sheet outlining the pros and cons of donating such a large amount of money to present to a members' meeting, with the view that the Cumberland RSL sub-Branch had the opportunity to be seen as a leader — and that this may encourage other sub-Branches to possibly follow suit," said Paul Hughes, Trustee and former Treasurer of the sub-Branch.

RSL NSW CFO Nicole Hasrouni said the Cumberland sub-Branch executive team has taken the initiative to better understand the Strategic Plan and how their

sub-Branch can be involved in that positive change.

"The donation shows leadership and trust in the collaborative relationship that has been established between sub-Branches and ANZAC House," she said.

"The Cumberland sub-Branch recognised that it was able to make a financial contribution to the future of the organisation, which would help RSL NSW to deliver services beyond their

"No matter how small your donation, it's still a significant contribution in support of the Strategic Plan."

— Paul Hughes

community without detracting from the sub-Branch's ability to continue funding local initiatives — thereby supporting RSL NSW's charitable purpose.

"The Veteran Support Fund is there for sub-Branches to donate to. They can elect to fund an initiative that's meaningful to their members. In this instance, it was supporting the Strategic Plan, because the Cumberland sub-Branch wanted to see the organisation remain viable into the future."

For Hughes, the decision whether to donate was straightforward.

"No matter how small your donation, it's still a significant contribution in support of the Strategic Plan," he said.

CONTRIBUTE TO THE CAUSE.

Sub-Branches looking to support RSL NSW's charitable purpose can make a donation to the Veteran Support Fund.



TOGETHER WESTAND



lan Marsh, President of the Gulgong RSL sub-Branch, knows the challenges of supporting veterans in rural areas. But the tide began to turn when Mick Morrissey, RSL NSW District Support Officer, came to town.

As told to Chris Sheedy





Mick Morrissey

After transitioning out of Defence, Mick Morrissey worked as a Member Support Coordinator for the Army. He immediately realised his future lay in looking after the wellbeing of veterans. He's now an RSL NSW District Support Officer, a role which is an intitiative of the RSL NSW Strategic Plan 2021-26.

after transitioning out of the Army, having served for 20 years, including in East Timor and Somalia, I had a call from an organisation in Canberra. They were putting together an Army unit that existed to

bout four years

I started out as a Member Support Coordinator based

look after injured soldiers.

in Melbourne. I'd look after their welfare, make sure their families could get down to see them, organise accommodation and transport, that type of thing.

Twelve months ago, my wife and I moved to Deniliquin. I popped into the local RSL sub-Branch and told them I was a DVA Advocate. The secretary, John Harris, told me there was a job I might be interested in applying for with RSL NSW, a District Support Officer role as part of a pilot for District Support Officer positions across the state.

I now look after two districts, the Western and Riverina Districts. It's a huge area, but it's great to get out there and make sure that if people have any questions, they know who to talk to. It's important that we have a good level of rapport.

The District Support Officer role is all about assisting sub-Branches with their administrative duties and keeping them up to date.

When I met Ian and his team at Gulgong RSL sub-Branch, I realised immediately how committed they are. And I think that first visit helped, because it let them know that those at ANZAC House know and care about them. The fact that RSL NSW had put someone in the area was a positive.

I'm inspired by the role because I love helping veterans. And the people in sub-Branches, like Ian and his team, it's just a pleasure to be among them.

"When I met Ian and his team at Gulgong RSL sub-Branch, I realised immediately how committed they are. And I think that first visit helped, because it let them know that those at ANZAC House know and care about them." — Mick Morrissey

Community



Ian Marsh

Ian Marsh is following in his father's footsteps as President and long-term member of the Gulgong RSL sub-Branch. He become President in October 2021, and is currently a colonel in the Army Reserve.

ommunity, and particularly a culture of inclusion, is very important to us. We've more than doubled in size in the past 12 months — we now have almost 60 members. It doesn't sound like much compared to city sub-Branches, but our members can have a profound effect in a small community like Gulgong.

We're pretty good at things like getting Veteran White Cards sorted and looking after service-related injuries. But we've needed help with the more complex administrative tasks. That's where Mick has been excellent, and the timing of his role has been good for us.

All of the current sub-Branch executives have recently filled casual vacancies — including the Treasurer, the Secretary and myself. We have no preconceived ideas of how a sub-Branch should

run, so this has allowed us to develop a first-principles approach, with a sharp focus on charitable purpose to support veterans and their families.

We're working on understanding how we best channel our efforts and decisions to ensure our purpose remains pure, and Mick is an important ingredient in our recipe for success. He's very good at developing relationships with sub-Branches. He's clearly very keen to engage.

As our RSL NSW District
Support Officer, Mick is the
first port of call for members'
enquiries across the Western and
Riverina Districts. He provides
guidance on membership issues
and wellbeing support, and
coordinates between the District
Council and sub-Branches
to increase collaboration.

As an added bonus, Mick's also a Level 3 DVA Advocate, which provides even more support to our community.

ABOUT DISTRICT SUPPORT OFFICERS

The District Support
Officer role is currently
in a 12-month pilot
phase to assess demand
across districts. The role
is the result of priority
initiative 5.9 of the RSL
NSW Strategic Plan
2021-26, which aims
to establish a cadre of
full-time staff to support
and train volunteers in
sub-Branches to build the
capability of RSL NSW.

The District Support
Officer works with the
District Council to provide
a coordinating function
between sub-Branches
and assist their support
of RSL NSW members in
the region. With a District
Support Officer in every
district, sub-Branches
will be more effective
in their communities
and when meeting their
compliance regulations.



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SUPPORT FOR ALL

Story Lachlan Haycock



How RSL NSW Liaison Officer Bronte Pollard helps connect veterans with services and support at the National Centre for Veterans' Healthcare and at their local sub-Branch.

s the RSL
NSW Liaison
Officer at the
National Centre
for Veterans'
Healthcare (NCVH) at
Concord Hospital, Navy
veteran Bronte Pollard assists
with connecting veterans to
NCVH services, which include
pain management, drug and
alcohol health, psychiatry
and rehabilitation medicine.

Importantly, he also liaises with RSL sub-Branches and RSL LifeCare Veteran Services to ensure veterans are supported in their own communities upon leaving the centre.

The Liaison Officer role, an initiative of the RSL NSW Strategic Plan 2021-26, was at first an unpaid position. Now, with support from the RSL NSW Veteran Support Fund (VSF), it has become a paid role — a critical step in recognising the value such a role can play in veterans' support and a reflection of RSL NSW's commitment to servicing and supporting veterans receiving care at the NCVH.

"What I'm so happy about it being a paid role is the acknowledgement that the role is providing for people," says Pollard, who is also Chair of

the RSL NSW Young Veterans Committee. "That there's enough worth in the role that it should be permanent and should be paid. My goal is for the role to become selfsustaining in the future."

The VSF seeks to track and connect statewide sub-Branch contributions to causes that support veterans and their families, ensuring that every dollar donated is recognised as part of RSL NSW's work to support veterans and their families across the state. Sub-Branches can make a voluntary contribution to the VSF, which will help to deliver the initiatives of the Strategic Plan.





BY THE NUMBERS

Since it was established, the National Centre for Veterans' Healthcare has helped over

350 VETERANS

Of those, RSL NSW Liaison
Officer Bronte Pollard
has in some way assisted
approximately

130 VETERANS

Engaging sub-Branches

Pollard describes the Liaison
Officer role as a bridge between
the veteran and NCVH services
and support — support which
should not disappear upon their
return home. That's where subBranches have a role to play.

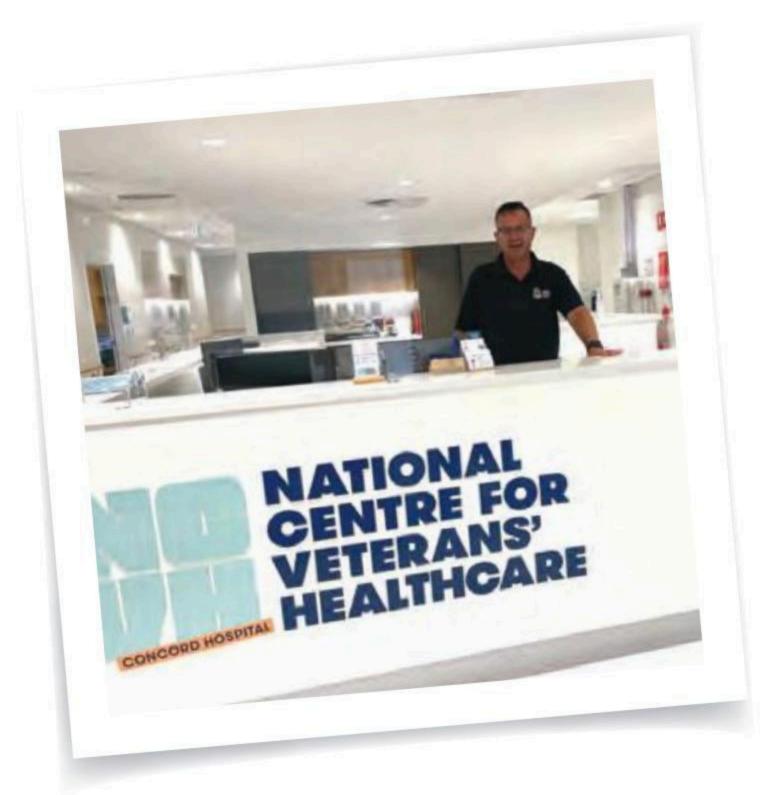
"The veteran may not have had any exposure to the RSL NSW network, or they may not have had a positive experience when they did reach out locally," explains Pollard. "It's about giving them confidence and guiding them through. I also explain to the sub-Branch what their situation is and what sort of assistance the veteran needs."

Although he is cautious to reveal too many details owing to patient confidentiality, Bronte recalls multiple examples of veterans he's helped to connect with a sub-Branch.

"There was a veteran on the South Coast who was able to join their local sub-Branch and build a social connection," he says. "There was a veteran living in a small rural town out west who had no connection to RSL NSW and was in need of domestic assistance. By connecting with the local sub-Branch, I was able to understand their capabilities and hand the veteran over to them for further support.

"There's enough worth in the role that it should be permanent and should be paid. My goal is for the role to become self-sustaining in the future."

- Bronte Pollard



"I also assisted a veteran with the process of obtaining a psychiatric assistance dog. He's now just waiting to be matched with the right one. It was a good learning experience for me to go through that process from beginning to end, not to mention achieving a great outcome."

Pollard's experiences liaising with sub-Branches may vary, but the results are always worthwhile.

"A lot of sub-Branches want to help, but some aren't quite sure how," he says. "So it's great being

*As the NCVH is a public health service, a GP referral

is mandatory for the intake process to begin.

The NCVH in Concord is a comprehensive care centre offering specialist physical and mental healthcare services for veterans.

overall the response from sub-Branches has been great."

Work for the soul

Bronte has been pleasantly surprised by the amount of face-to-face contact he's been able to provide to veterans seeking treatment at the NCVH.

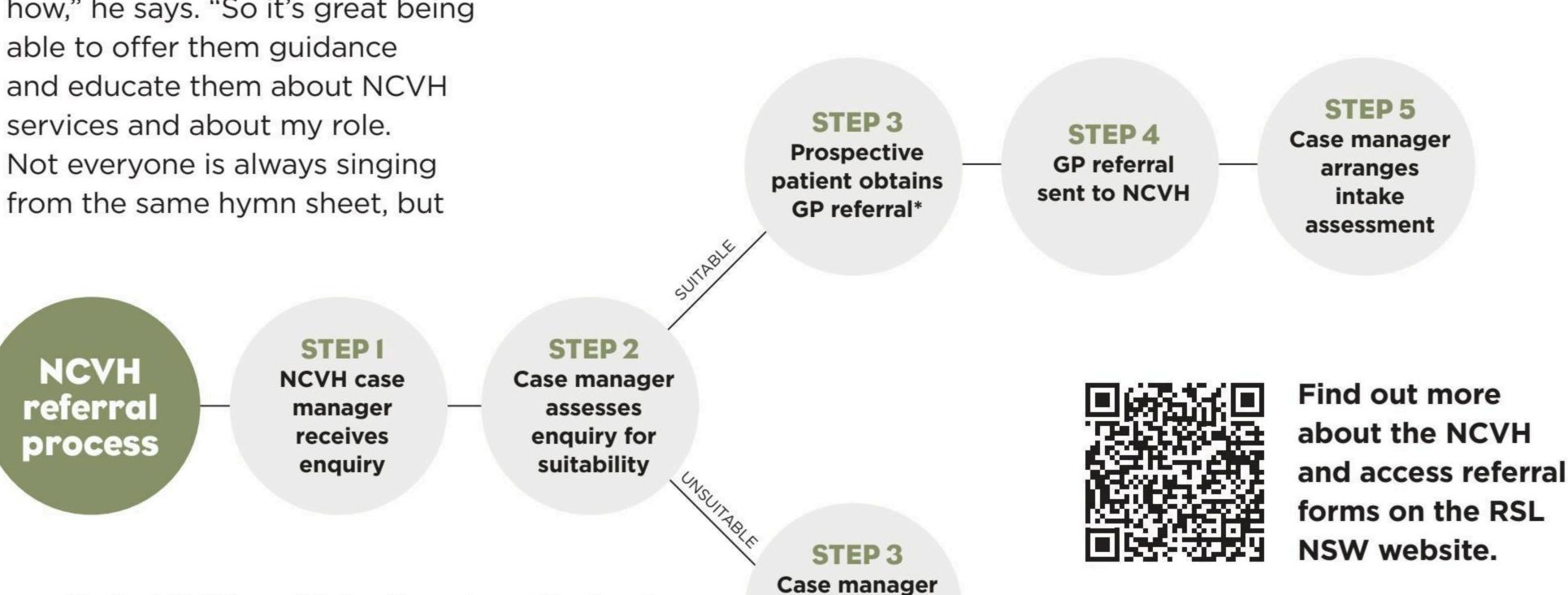
"One of the things I hadn't considered when we were planning what the Liaison Officer role would provide was the amount of peerto-peer support," he says. "There are some veterans I don't really do anything for other than just have a chat over coffee to help settle the nerves. It's about them having that

person they can feel comfortable with, who speaks their language and has walked in their shoes. This work is good for the soul."

Ultimately, he credits the hardworking NCVH team as the driving force behind the quality of service provided to patients and guests of Fussell House.

"I'm incredibly honoured to work with the most amazing team of health professionals," says Pollard. "As Liaison Officer, you have to be careful to avoid becoming a backyard therapist or clinician, but you do get to understand how the health system works.

"There are a lot wiser people out there than me, but getting to see how they interact with clients helps me provide more informed support for veterans."



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ACCESS FOR ALL

A core aim of the National Centre for Veterans' Healthcare (NCVH) is that veterans seeking treatment are not limited by geography.

"I hear people in the RSL NSW network say there are no services for veterans in the bush," says Pollard. "I can understand that; the majority of veterans do come from the Sydney metropolitan area, because they have ease of access.

"But there's quite a number that come in from regional areas. The onsite accommodation at the NCVH, transport assistance, and the relationship that case managers build with veterans, remove as many barriers as possible for veterans from the bush to obtain services."

These services are complemented by those provided by RSL NSW's partner charity RSL LifeCare Veteran Services, which are available from anywhere in the state.

Pollard recalls an example of NCVH services making a difference in the life of veterans living in the foothills of the Snowy Mountains: fellow Navy veterans and lifelong partners Zita and Wayne Vafiopulous, who stayed at Fussell House

while they both received treatment at the NCVH.

Pollard had COVID on the weekend Zita and Wayne were in Sydney, so the pair was welcomed by David Clarke, Honorary Secretary of Five Dock RSL sub-Branch. Clarke showed them about the city, visiting North Head in Manly and the Penrith RSL sub-Branch, before returning them to Fussell House.

"I was just talking to Zita this morning," says Pollard. "We were reflecting on her husband's journey. She said that being able to come up to Sydney and access the tests and clinicians at the NCVH was life-changing for Wayne's conditions.

"That's a really important message that I'd like all of our sub-Branches to know: it doesn't matter if you're in the city or in the bush. The NCVH offers a great service, and for those from the bush even more so. There really are no barriers and it's a service that fills that gap for people needing medical treatment."

"The NCVH offers a great service, and for those from the bush even more so."

- Bronte Pollard



Zita Vafiopulous (bottom right) and her husband Wayne were shown around Sydney by David Clarke (left).



Use the QR code to view sub-Branch donations to the Veteran Support Fund, including towards the National Centre for Veterans Healthcare and RSL LifeCare Veteran Services.







The condition known as posttraumatic stress disorder was only recognised after the war in Vietnam. That and other advancements in the field of psychology resulted in much improved services for veterans.

Knowing the human mind

Much of Professor Lynne
McCormack's professional career
has been spent as a clinical
psychologist and researcher
of human behaviour.

Prior to the Vietnam War,
McCormack was a music teacher,
a job that led to her being a
member of musical bands. In
1969 and 1971, she did two tours
of Vietnam — a total of around 13
months — to entertain troops.

"It was out of that youthful experience that I decided that I had to do something different with my life, something that contributed back to society," says McCormack, now a professor in the School of Psychological Sciences at the University of Newcastle.



Vietnam War milestones

JUL 1962

Australian Army Training Team Vietnam (AATTV) arrives in South Vietnam.

R: Group portrait of the first contingent for the AATTV assembled at the intelligence centre, Middle Head, Mosman.



25 APR 1972

600 Vietnam veterans lead the ANZAC Day march through Sydney — their first march.



"So, I came home and studied nursing, then did midwifery and cardiothoracic intensive care. I worked for about 10 years as a nurse, but I was really very interested in people's individual stories, how people make sense of the world as they move forward from physically or psychologically traumatic events. I decided I wanted to become a psychologist."

Around the same time that McCormack was completing her psychology training, Vietnam veterans were beginning to speak up about their experiences. As she had spent time with the troops in Vietnam during the war, it became an area in which McCormack developed enormous interest.

As she worked with veterans, particularly in the Hunter region, she began to learn of other psychological responses that came out of the war environment.

"It wasn't just about post-traumatic stress," says McCormack. "There are a whole lot of other responses we're now familiar with. "One of them is moral injury, particularly for young people who are still trying to form their own values of being an adult in the world, being asked to do things or witnessing things that conflict with their own developing values."

Importantly, says McCormack, the experience of war continues to impact throughout an individual's life. In time, combat distress can germinate post-traumatic growth.

"In the 1990s, we started to realise that despite the risk of psychological distress from exposure to horrendous, combatrelated events, for many, the effort to make sense of that distress became a springboard for personal growth," she says.

"We started to explore how people not only recover but grow from their trauma."

This is a vital point to acknowledge, says Dr Rodger Shanahan, a Nonresident Fellow in the West Asia Program at the Lowy Institute, and a 26year Army veteran. Shanahan's record includes operational service in Afghanistan, with the UN in Lebanon and Syria, and with the Parachute Battalion Group in East Timor.

"I did write something on this topic, about the idea of ideal veteran and the fact that we have to be careful about deifying veterans too much," says Shanahan, also a former director of the Army's Land Warfare Studies Centre.

"Every paramedic sees much worse trauma on a much more regular basis than a veteran, for instance. Police officers are the same. So I think we have to be very careful about how we look at veterans and assumptions we make about how many veterans actually have issues.

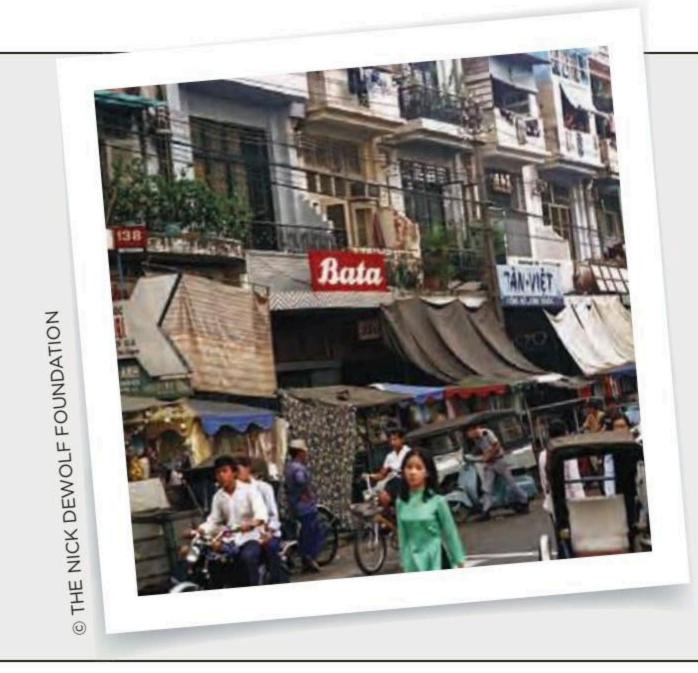
"I have many ex-military friends, none of whom have any issues. A veteran is not automatically damaged."

Constantly promoting the image of the darkly troubled



II JAN 1973

Governor-General Paul Hasluck announces the end of Australia's participation in the war.



IIIN 1973

The Australian Embassy Guard Platoon is withdrawn from Saigon.

L: The streets of Saigon in 1973.

>>

"I have many ex-military friends, none of whom have any issues. A veteran is not automatically damaged." — *Dr Rodger Shanahan*

veteran, he says, when many people who are deployed do functional jobs that are only mildly different to the jobs they might do at home during times of peace, doesn't help anybody.

On the other hand, recognising that many simply get on with their lives and turn their experiences into a positive is of value to many in the veteran community.

"Many who go to war come home and realise that the change can be for the good," says McCormack, who has had over 70 papers published in the areas of trauma and post-traumatic growth.

"That knowledge has developed from the Vietnam experience."

"It doesn't mean there won't be sadness, grief, disappointment and all of those factors that make us review how we view the world. But it does make a lot of people go, 'Well, you know what? I'm going to take this and use it for good'."

Unwelcome conscripts

A unique psychological challenge in relation to Vietnam, says Shanahan, was the fact that it was a conflict that employed conscription. In fact, it was the last to do so in Australia.

"For a conscript in Vietnam, at the end of your tenure you were simply told to go back into civilian life," says Shanahan. "That's a completely unacceptable way to treat people. It's different for full-time military people. They have a social contract with the government about their role which is implicit when they join, just like when people join other types of organisations." Fayle was one such conscript.

When he returned from Vietnam,
like many others he knew, he had
a job to go back to. He decided
on a career change and moved
on with his life, or so he thought.

In Vietnam, Fayle had spent his time with the Royal Australian Engineers at the 1st Australian Logistical Support Group in Vung Tau. Having spent his time in the service at what he laughingly calls "the Bunnings of the Army", he returned in 1971.

"Most of the things that take place in my life have taken place in Newcastle, so coming home for me wasn't like being in Sydney, Brisbane or Melbourne, where you had the extremes of the anti-war sentiment," says Fayle.

"We didn't have marches through the streets or servicepeople getting off boats and getting paint thrown on them. If I experienced any negativity at all, it was generally, and surprisingly, when it came to going into clubs."

After two years of service, having a haircut "about level with the top of your ears", Fayle and his

Vietnam War milestones

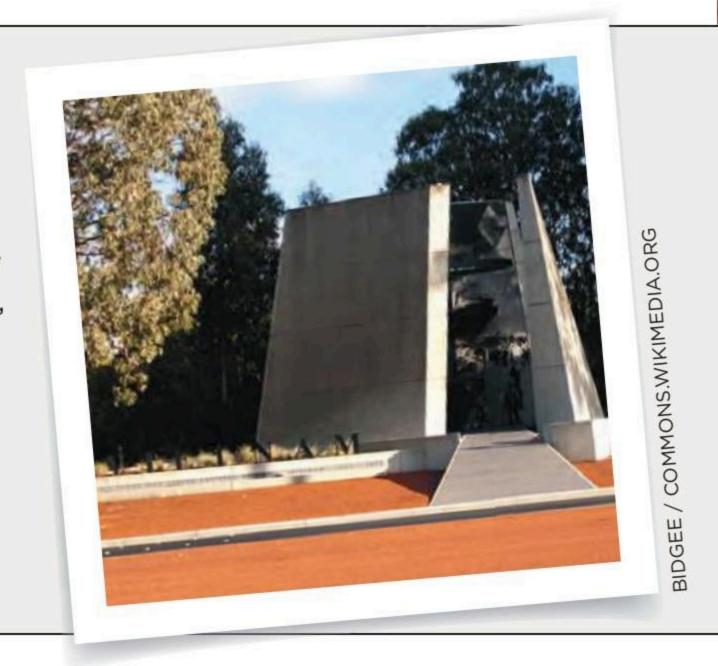
3 OCT 1987

Following a dawn service in Martin Place, 22,000 Vietnam veterans march in the Australian Vietnam Forces Welcome Home Parade. Participants included veterans from New Zealand, South Korea, Vietnam and the USA.

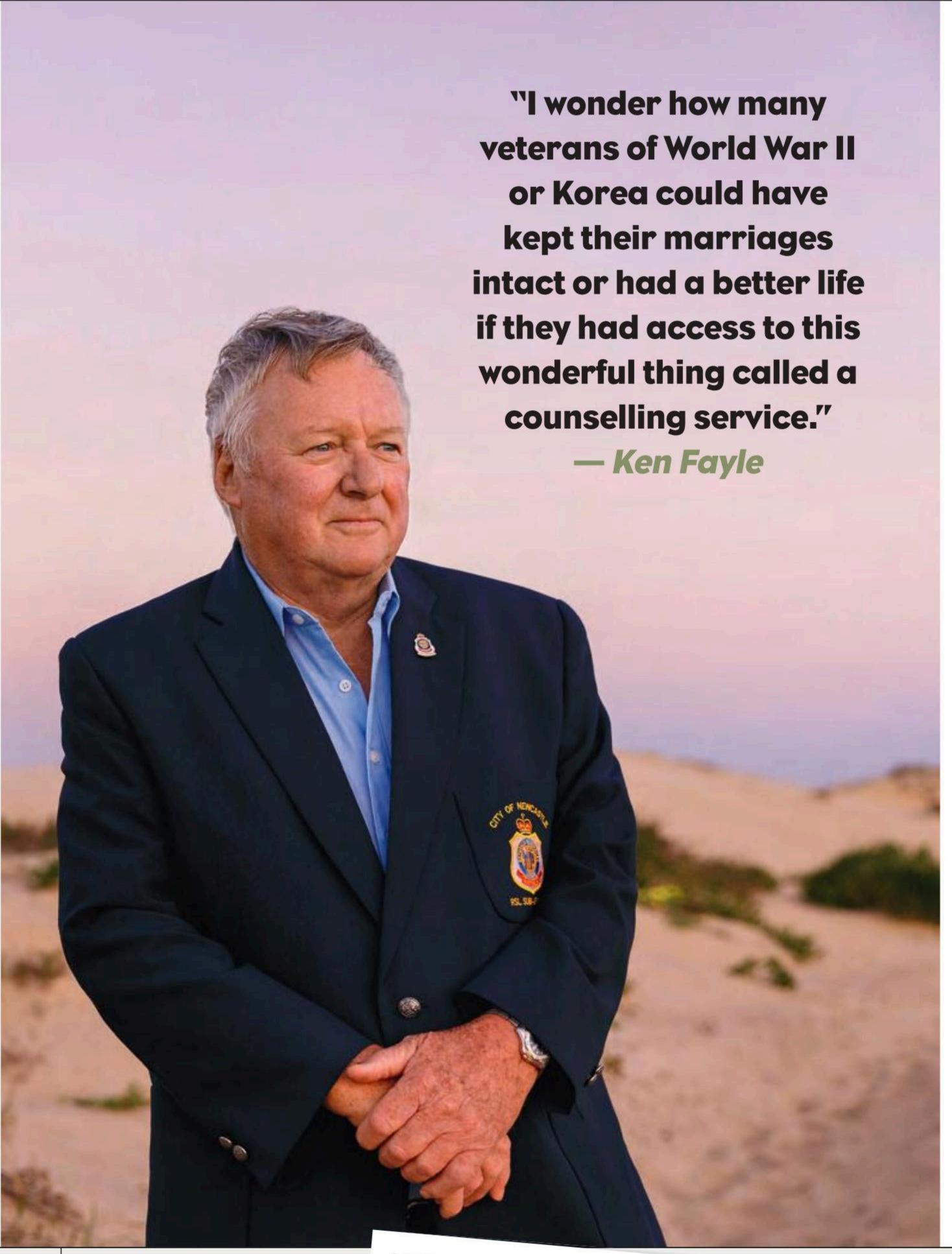


3 OCT 1992

More than a year after the ground-breaking ceremony for its construction, the Australian Vietnam Forces National Memorial is unveiled on Canberra's Anzac Parade.







mates let their hair grow. When they tried to enter certain clubs, including RSL clubs, it wasn't unusual to be told they couldn't come in because of their hair.

"That created a lot of angst," he says. "What compounded that angst is that the sub-Branches who were generally attached to the club had an attitude of, 'Well, we can't stop you applying to become a member, but we really don't want you, because you haven't been to a real war'."

Fayle spent several years working hard and drinking even harder. Then he met his wife and realised he had to work at settling down. One method was via counselling. Another was by being part of a group of people who understood the unique challenges suffered by some veterans. This group originally was not RSL NSW, but instead the Vietnam Legion of Veterans.

"We eventually took up the positions on the board of the RSL sub-Branch years later, and the rest is history. If it hadn't been for that, "

18 AUG 2016

50th anniversary of the Battle of Long Tan.

R: A poignant moment at the commemorative service held on the site of the Battle of Long Tan, fought in 1966.



18 AUG 2023

The Australian Government plans to mark the 50th anniversary of the end of Australia's involvement in the Vietnam War with a nationally broadcast event at the Australian Vietnam Forces National Memorial in Canberra.

the sub-Branch might have ended up having to amalgamate or fold."

Today, of course, RSL NSW is supporting all veterans via mergers with such bodies as the Australian Legion of Ex-Servicemen and Women, and welcomes amalgamations with other ESOs, to secure their futures.

And the RSL sub-Branches are busy attracting and offering their services to a younger generation of veterans as it looks towards a future that will include the constant development and improvement of veteran services.

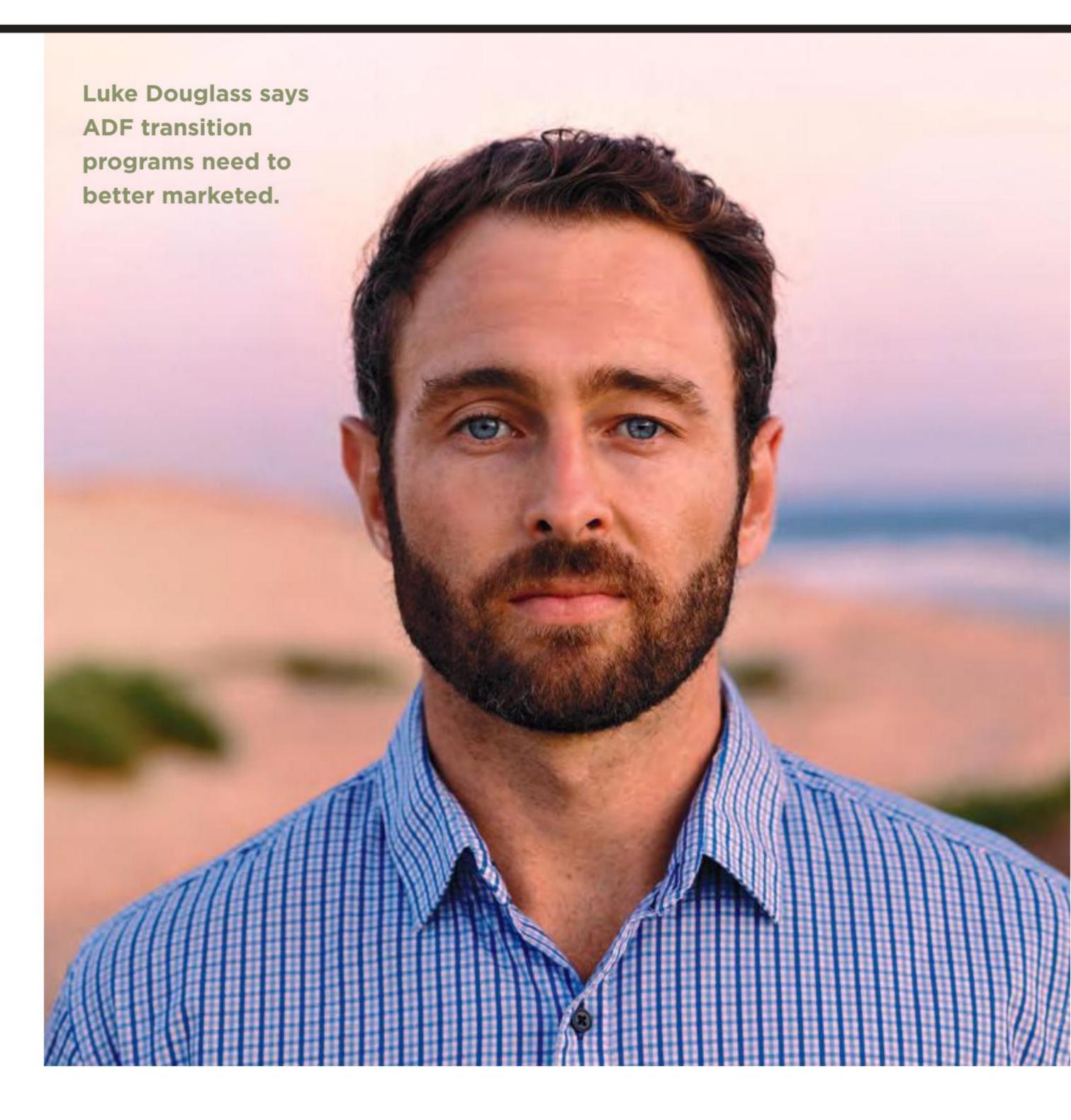
Over the last 50 years, a great deal has changed in terms of veteran care, much of this change driven by the Vietnam experience. But there is always more to do, says Fayle.

The modern-day veteran

Luke Douglass spent 13 years in the ADF, including the last few years helping members with physical and psychological injuries to integrate into the workforce and into civilian life.

When his own time came to transition out in February 2022, he knew he had to do as much as possible in preparation.

"Still, that didn't really prepare me, to be honest," says Douglass, who now runs The Warrior Within Project.



"It prepared me for things like how to get a Medicare card and how to make an appointment with a doctor, simple things that people have to navigate day to day. But the deeper side, about identity and community, was not addressed.

"The ADF is doing the right thing. It has programs in place for people who are transitioning, and those programs offer a lot of help. I just don't believe they're marketed the right way."

Too many programs, according to Douglass, are stumbled upon instead of being actively introduced to the veteran.

From a personal point of view, he says, the DVA process has been "agonising". But from a professional point of view, as he deals with the DVA to run his resilience and wellbeing program, the DVA experience has been excellent.

The needs of veterans have likely been the same throughout the ages, says Douglass. Those needs will vary dramatically from individual to individual. But as psychologists and others have improved their understanding of human behaviour, increasingly valuable and relevant services have been developed.

"In the past, we didn't have the understanding of emotional intelligence ... of being able to regulate your own emotion," he says. "It was more about just getting over it. That's why, most of the time, veterans who were struggling chose to reach for a bottle."

The counselling offerings that have been developed and introduced since Vietnam, says Fayle, are vitally important.

"Since Vietnam, the Defence Force deserves credit for recognising that they have to do some form of counselling, and for developing those services," he says.

"But there is still a stigma, from the highest general to the youngest private, that if they're seen to be seeking counselling, they're weak. And if they're seen to be weak, they cannot progress their career within Defence. The opposite should be the case."

The Vietnam War has left a lasting legacy that has inspired excellence in human behavioural knowledge and in veterans' services, and will continue to do so.

"I've got a personal philosophy:
I refuse to walk backwards into
the future gazing longingly at the
past," says Fayle. "If we can all
continue to look for improvement,
we'll succeed in our mission."



HOW ONE SUB-BRANCH ATTRACTS YOUNGER VETERANS

The City of Newcastle sub-Branch has been growing furiously over the past few decades, attracting veterans of all ages. How is such success achieved?

"First, the rule in our sub-Branch is, everybody's welcome regardless of gender or age," says sub-Branch President Ken Fayle. "And when you walk through the front door, you leave your rank and your ego outside. You're now just Bob, Chris or Sandra.

"Next, whenever we have functions, partners are always invited. That is not negotiable. There is no exclusivity and no misogyny. In some other areas, when they hold a dinner, it's for members only, not for partners. But often the partner has lived with that veteran for the last 30-40 years. Show them respect and invite them to dinner!

"Finally, I often ask new members why they joined our sub-Branch, especially when they live closer to another one. Generally, the one thing they say is that they can see our sub-Branch doing something.

"We've helped grow a dawn service from 600 people in 1999 to 57,000 people, and broadcast on the ABC, in 2019. We built a memorial for war widows. We have the military wives choir in our hall to practise every month, and we bought them a beautiful Yamaha electronic piano for when they perform concerts. New members see we're doing things for their community, not just organising barbecues for the boys."



ENGACINGTHE COMMUNITY



By students, for students



John Sperring, President of the City of Wollongong **RSL** sub-Branch



"Our sub-Branch facilitates a high school student-run ceremony at the Wollongong Cenotaph, and veterans also attend school assemblies in the lead-up to ANZAC Day. These activities stopped during the worst of the COVID pandemic, but we'll be conducting both activities in 2023."



VISIT A LOCAL MEMORIAL

Organise a tour of a local memorial or sub-Branch building for members of the wider community.

Community groups



Berdene Oxley-Boyd, member of Griffith **RSL** sub-Branch and the RSL NSW Young **Veterans Committee**



"Last year I was invited as a guest to a school assembly for their ANZAC Day service. A lot of schools reach out for someone from the sub-Branch to go and do a talk. And this year, our sub-Branch plans to involve local community groups such as the SES and Rural Fire Service."



CLASSROOM MEET-AND-GREET

Organise for sub-Branch members to visit classrooms for an in-person meet-and-greet where the students run a Q&A. Get creative with colouring sheet competitions or stencil kits.

ANZAC Day is an opportunity to commemorate veterans, support the community, and engage with schools and families. We asked four RSL NSW members how their sub-Branches plan to reach out ahead of ANZAC Day 2023.

Young and old



Morrie Gallina,
President of
Corrimal RSL
sub-Branch



"We have a full schedule of members who are asked to speak about ANZAC Day at schools, community groups and retirement homes. It keeps the legacy alive and, more importantly, it gets our younger sub-Branch members out there and talking with the community. It also allows school kids to connect with veterans and ask them questions."



REACH OUT TO LOCAL BASES

Organise a social meet-and-greet or sports event following the local march, and invite members of the local Defence base or Reserve unit as well as family members.

Cadet involvement



Brian Cartwright,
President of the
City of Penrith
RSL sub-Branch



"Every year, we invite about 50 local schools — approximately 2,000 students and teachers — to a service at the Penrith Paceway. We organise the event, but the kids provide the MC, band and choir. Cadet units from the Army, Navy and Air Force provide the guard of honour and the catafalque party."

BETHE STEWARDS

OF CHANGE at your sub-Branch with the RSL NSW Member Recruitment Toolkit. Use it to identify yourself to, and strike up a conversation with, other veterans on ANZAC Day — and encourage them to become members too.





hen Leith Basset transitioned out of Defence in 2013, he spent several years feeling confusion, anger and frustration. He'd damaged his spine during an accident in the Solomon Islands and suddenly found he was lacking a sense of community, identity and purpose as a veteran.

During that period of readjustment, Basset's wife was his rock. She sought assistance, dealt with various authorities and stood by his side, no matter how his moods changed.

"I was having real anger issues. My wife said she felt she was walking on eggshells for three or four years," says Basset, who is now President of the Grafton RSL sub-Branch.

"I was lucky that she was just a brilliant woman. She's gone through all the ups and downs with me. It would have been a lot worse without her support."

That learning, the fact that family plays a vital role in transition, has strongly shaped the direction he's now taking the sub-Branch. But despite his own experience and his relative youth — Basset is in his 40s — his most powerful realisation is that he doesn't know enough.

"A major focus for us in 2023 is working out exactly what younger veterans want and need," he says. "We're not assuming that we have the answer. We want to ask the younger veterans — we can't just guess."

<

Leith Basset, President of the Grafton RSL sub-Branch, is committed to providing better support for families.

Membership



Basset and wife Bernadette, who supported him during his tough transition out of Defence.

Basset says the sub-Branch, currently consisting of around 200 members, also needs greater intelligence about the region, which includes Grafton, South Grafton, Ulmarra, Copmanhurst and more.

"We don't necessarily know which veterans are in our area," he says. "We need to know where they are and who they are, so we can reach out and tell them how we can help and, if they want, how they can get involved."

A focus on family

Family must be a focus of everything the sub-Branch does, says Basset.

"Family is the most important and probably the most overlooked support mechanism there is," he says. "As I said, my experience would have been much harder without my wife's support. But when it comes to family members such as my wife, there's not enough support for them."



"Veterans can come into the sub-Branch and talk to other ex-servicepeople, and they all speak a common language — they all share a common understanding because they have been part of the Defence culture. But my wife didn't have that option.

"I want to change that and work out ways we can provide better support for families. We encourage everyone to get their families involved. We'll do that even more in the future."

More than just meetings

The plans for 2023 include social events such as open days, sausage sizzles, family days with jumping castles, and more.

"An ex-Navy veteran has just opened a Coffee Club that will host get-togethers, which the sub-Branch will support," says Basset. "We'll have BBQs and we'll promote RSL NSW a lot more. We'll make a lot more noise in the community and online.

"At the RSL NSW Congress, it was brought up that we have to promote more. Currently, we have a webpage, Facebook and Twitter. We now have a guy who was a computer guru in Defence, and he runs much of that for us. Technology, such as IT and social media, has been hard to keep up with. But we have to educate ourselves and use it as a tool."

The sub-Branch is having a custom marquee, containing graphics that include contact details, made for use at community events.





The town's Memorial Park is currently being redesigned, so the sub-Branch is involved in discussions with the local council about that and other matters.

It's also involved with the Grafton Ngerrie Local Aboriginal Land Council, and even accommodated and fed Ben Ferris, the man who jogged from Perth to Byron Bay in 2022.

"We've branched out around who we're in contact with and who we're aligning with," says Basset.

"We put Ben Ferris, the veteran who was running across Australia to raise awareness of and fundraise for mental health support, up in the sub-Branch and provided as much support as we could." "We don't necessarily know which veterans are in our area. We need to know where they are and who they are, so we can reach out and tell them how we can help and, if they want, how they can get involved." — Leith Basset

"These are the things that we have to branch out and do, to change people's perspective of the RSL. Surely, it's our role to support him."

RSL's future is bright

No matter what has happened in the past, the only focus worth having is the future, says Basset.

"I have sat down with the sub-Branch secretary, Denis Benfield, who is a great inspiration, and we have focused on what we can do for the most positive effect," he says.

"Of course, helping veterans is our main focus. But to do that, we need to help their families by creating a support mechanism specifically for them."

RSL LifeCare is of vital importance to the sub-Branch and its members, says Basset. In cities, where there are numerous levels of support as well as ESOs and various other mechanisms, veterans sometimes have a choice of support. But in rural areas, very little is available, so RSL LifeCare really can be a life-saver.

While the handover of the RSL reins between generations has sometimes left a little to be desired, particularly around attitudes towards specific conflicts

and towards service itself, that is in the past, says Basset. Discussion and argument around issues from the past are a waste of valuable time, he believes.

"We've got to move on from that," he says. "We've got to be smarter in the way that we approach our role, and in the way we approach the younger veterans to get them involved.

"We need to show that we are up with the times, that we are supportive and relevant, and that we're offering veterans and their families what they need. And we need to be involved with current servicepeople, so when they need advocacy, they know exactly where to find it."

Mostly though, the sub-Branch needs to know what it doesn't know. Basset is in the process of filling that knowledge gap by speaking as often as he can with younger veterans.

"We've got our focus set," he says.

"As long as we don't lose that
focus, we'll play a positive role in
the lives of veterans and their
families for decades to come."

Fund the future

Commemoration. Mateship. Advocacy.

As vital now as they were in 1916.

As important now as they will be in 2036.



The future of RSL NSW is not assured. Mobilising the combined resources of sub-Branches is critical to supporting veterans and their families, and ensuring the RSL brand is recognised and respected by the whole community, so the community knows who we are, what we stand for and what we do.

That's why we have launched the RSL NSW Strategic Plan which includes a new funding model for the future. Colloquially called the 'Pooled' funding model, it has two parts: the Aggregated Investment Management Service and the Veteran Support Fund.





"My Future Fund experience showed me the value of alignment of purpose with the pattern of investing and spending to achieve an organisation's objective."

David Murray AO, is the Inaugural Chair of the Australian Government Future Fund Board of Guardians.

David acted in an advisory capacity to the selection process of the competitive market tender. He provided insight into the assessment of risk, governance, and other qualitative factors on the selection of the preferred investment manager for RSL NSW and its sub-Branches.

Invest in the future of the League in NSW.

Please contact Patrick Regan at Morgan Stanley on (02) 9775 2902

Scan the QR code to read about the funding model on the RSL NSW website.







OLD BAR BEACH

SPORT AND RECREATION

"What a great start to the year!" was the verdict on Facebook after Old Bar Beach RSL sub-Branch's recent sport and recreation day, which was held at the Tav Old Bar.

As the RSL NSW Sport and Recreation Program is rolled out across the state, the sub-Branch has continued to organise family-friendly recreational activities to support the physical and mental wellbeing of members.

Approximately 40 attendees enjoyed knockout competitions of bocce and cornhole in high spirits.

In the spirit of collaboration and cooperation between sub-Branches, members of the Wingham RSL sub-Branch were also invited to attend the event.

Damien Gow and Suzee
Kerrsmith won the bocce
contest, with Mike Doyle
and Ron Irwin as runners-up,
Meanwhile, Christine White
took home the top gong in
the cornhole competition,
while Damien Gow was
awarded runner-up.

Λ

Members of Old Bar Beach and Wingham RSL sub-Branches gather for a fun day in the sun.

> Toukley RSL sub-Branch President Bob Wilson with Thomas Hobbs.

TOUKLEY

MADE MEMBER FOR LIFE

In coastal Toukley, longtime member Thomas Hobbs was recognised for his service with Life Membership of RSL NSW.

Hobbs was presented with his certificate by Toukley RSL sub-Branch President Bob Wilson.



Use the QR code to access the final report on the RSL NSW Sport and Recreation Pilot program.







RSL sub-Branches around the state recently celebrated the dedication of members who have devoted 50 years of service to the League and the veteran community.



CITY OF WOLLONGONG

RECOGNISING FIVE **DECADES OF COMMITMENT**

In just two years, the City of Wollongong RSL sub-Branch has awarded no less than six 50-year membership certificates to its members.

Joining WWII veteran John Boyd and Vietnam veterans Brian Clark, Allan Butler, John Fairley and Will Simpson was Ian Callaway.

Callaway, who has already been a Life Member of RSL NSW for the past 12 years, served with the 1st Australian Reinforcement Unit in Vietnam from 1970 to 1971.

He joined RSL NSW upon his return and later joined

the committee of the Cooma/Monaro RSL sub-Branch before transferring to the nowdefunct Port Kembla RSL sub-Branch. He also previously served as the Honorary Secretary and Treasurer of the Illawarra ANZAC Day March Committee for 17 years.

The number of sub-Branch members recognised for half a century of service is, in the words of sub-Branch Secretary and Treasurer Peter Lipscomb, "a pretty special occurrence".

WAUCHOPE

VIETNAM VETERANS MARK 50 YEARS

It was a momentous day for Wauchope RSL sub-Branch when three members, each a Vietnam veteran, were awarded certificates marking 50 years of membership with RSL NSW.

Ray Knapp served with 5RAR from 1969 to 1970. Bill Starrenburg served with the Royal Australian Electrical and Mechanical Engineers from 1967 to 1968. Terry Clarke served in the Navy from 1966 to 1976, including on HMAS *Vendetta* and for four trips to Vietnam aboard HMAS *Sydney*.







MURWILLUMBAH HALF A CENTURY OF SERVICE

Murwillumbah RSL sub-Branch was another sub-Branch that recently recognised extensive and dedicated service to the League, with three of its members being presented with 50-year service certificates.

David White, Ian Campbell and John Smith were congratulated by Derek Sims, a Life Member of RSL NSW, during the ceremony and posed for photos afterwards.

L: Ray Knapp and Bill Starrenburg with their certificates.
R: Wauchope RSL sub-Branch Vice-President Bill Wagner presents Terry Clarke with his award.

L-R:
Murwillumbah
RSL sub-Branch
members
David White,
Derek Sims, Ian
Campbell and
John Smith.

David Laird and Bomaderry RSL sub-Branch President Bob Madden.

BOMADERRY DEDICATION REWARDED

A recent meeting at the Bomaderry RSL sub-Branch was a special occasion for David Laird, who was presented with a certificate for 50 years of membership by sub-Branch President Bob Madden.



36 Sub-Branch news



RSL NSW President Ray James OAM and Pauline James present Rear Admiral **Jonathan** Earley, CSC,

with his quilt.



COMPLIANCE **ANNUAL REPORT**

The RSL NSW Compliance Annual Report (CAR) is now available for sub-Branches to complete. The report covers sub-Branch obligations under the RSL NSW Constitution, Standard Operating Procedures and more.

Submissions will help inform future training and guidance materials for sub-Branches. Log in to the sub-Branch portal to complete by 31 May 2023.



AUXILIARY

'THANK YOU FOR YOUR SERVICE'

Among the valuable work done by RSL NSW Auxiliaries is crafting handmade quilts, known as Thank You for Your Service quilts, to recognise the dedication of past and present serving members.

Rear Admiral Jonathan Earley, CSC, was presented with one such quilt in acknowledgement

of his ongoing support to the veterans' community.

Members of the RSL NSW Auxiliary network volunteer their time to support veterans and their families by conducting hospital and aged care visits, and assisting with local RSL sub-Branch commemoration services and events.

AUSTRALIA DAY HONOURS Congratulations to the following RSL NSW members who were recognised in the 2023 Australia Day Honours.

MEDAL (OAM) IN THE CENERAL DIVISION

Recipients and their RSL sub-Branch: Paul Robert Bryant Fairfield Raymond Peter Butterfield Toukley **Terry Edward Carroll** Grenfell Gary John McKay Kiama/Jamberoo Alan Michael Rankins Swansea Peter Michael Woodhouse Wyong Peter William White Terrigal Wamberal **Henry Meskauskas** Maitland John Byron Wade Terrigal

John Desmond Ward Pittwater

MEMBER (AM) IN THE GENERAL DIVISION

Recipients and their RSL sub-Branch: Harold James Allie Chester Hill-Carramar Jennifer Elizabeth Collins ANZAC House



CONCRATULATIONS

Congratulations also to Ken May, Vice-President of Wagga Wagga RSL sub-Branch, who was nominated for Wagga Wagga Citizen of the Year earlier this year.



Join RSL NSW

No fees, simple sign-up, open to serving members and veterans







There should be no barrier for any current serving member or veteran of the ADF to join RSL NSW. That's why we've made membership fee-free.

Members receive:

- > A membership badge
- Reveille magazine
- Access to RSL services and support
- Connection to community
- Mateship and connection to others who have served
- Opportunity to volunteer and support veterans and coordinate commemorations

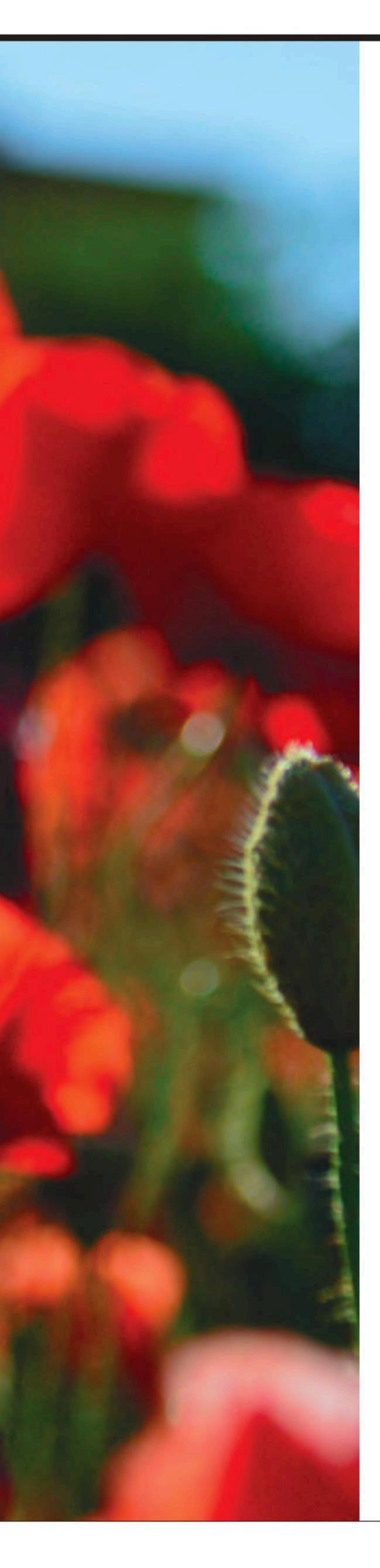
Join instantly now.



Scan code to learn more







NAVY

ABNETT, GJ A106226 BAKER, KG R62428 **BOWDEN, RE** 124628 BUCHANAN, SH R59764 **GALE, A** R94632 GIBLIN, AW R47340 **GODWIN, SF** 44766 HORSFIELD, KT R51944 HOWARD, BH S11498 HUGHES, NR R432807 **LEGG, JH** R58982 MARTIN, JL R42230 **MAYNE, RS** NX288009 MILLIKEN, RG 34484 **MOORE, DG** R52113 **PRESS, RT** R131331 REINHARDT, H R93270 REYNOLDS, BE WR3127 RITCHIE, AR R47245 ROBERTS, PJ R93737 **STUART, PT** S126616 TARLINGTON, JR S9826 **VOTE, KJ** 2679

ARMY

ANDERSON, HA 8596992 ANDRISKE, JF NX96966 BLACKMAN, G 2781438 BOYLE, JC 2795092 BROWN, DV 2785016 BROWN, RA 3792342 BYRNE, SJ 2791096 COLEMAN, JF VF513156 **CRISP, RJ** 28531 **CURTIS, DC** 2783597 DAVIES, VW NX87027 **DREW, H** N283565 **DRINAN, L** 29338 FITZSIMON, JA 216966 **FOSTER, GA** 231119 **FOX, WH** NX80186 **FROST, RJ** 18593 GARRETT, IG NX169017 **GAWNE, RG** 1081 **GOLDFINCH, JS** 2783652 **GOODWIN, K** NX165987 GRAVES, RA NX177449 **HADDEN, MI** NF436071 **HARDMAN, WH** 5713848 **HARDY, BW** 225714 **HARLEY, WD** 38363 HARRY, JE NX90761 **HAUSMAN, WW** 00289525 **HEATON, DT** 2/410281 HERBERT, CL NX134943 HIBBARD, PC 2794453 **HUNTER, DC** 2787843 **HUXTABLE, JH** NX171985 **IRVING, BC** 54642 **JAGO, KA** 217926 JOHNSTON, AT NX191017 **KELLY, JR** 2701215 **KEMBER, P** 2799692 **KITSON, IM** NX109100 LAZARUS, KJ NX203809 **LEE, JJ** 2400687 MACPHERSON, BG NF455831 MCCANN, AR A2/4025

MCDONOUGH, JI NF435281

MCGREGOR, CW 215235

MCKENZIE, K NX87771 **MEARS, J** 3789372 **MOSCATT, PG** 2782260 **MUSCAT, RE** 2/410791 **NEWBURN, RG** 212039 **NEWMAN, KF** 8236762 **NOLAN, GA** 8262458 **OAKES, A** NX153769 **OVERS, GA** N482557 PEATTIE, JC NX97345 **PHILLIPS, K** 2778482 **PICONI, RW** N263071 PRESTON, LG 29711 PURVES, MJ NX142585 **REGAN, W** NX206000 **REID, PM** 235274 ROBINSON, JB NX140933 SALWAY, CG NX500317 **SCALES, JF** 2412308 **SCASE, S** NX115598 **SCULLIN, P** 43931 **SEAL, CA** 3411088 **STUART, KL** 342906 **TESTER, T** 3401102 THORNBURROW, E 23254350 **TIZZARD, SK** 215225 WALKER, EC NX20046 **WATT, MH** QX500756 **WEERS, J** 3794936 **WILLIE, K** 232061 WOODWARD, JH NX49832 »

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RAAF

ALLEN, B 436233 ANSTEE, DG A49420 **BARNES, AW** 164304 BELCHER, JW A217290 **BOLDEN, BA** A316135 BURGESS, ER A224310 **BUTZ, HE** 108620 **BYRNE, KP** A230840 **CEREZO, IJ** 165765 **CLOSE, JK** 139417 **COX, RJ** 138479 **DEVEREUX, IE** O215145 DOMONEY, GR A116995 **EAGLE, JC** 438988 **GEORGE, R** 433811 **GOFF, AJ** 108500 HARRISON, RM 105753 **HOOPER, AB** 71184 **JELFS, NF** 221960

JOHNSON, JD A19812
JUDD, RH 403517
MAIR, JF 224371
NORTH, WF A216401
PENDLETON, WD 131347
PICKFORD, RH 71616
RANSOM, GJ A6075
RAYNER, LF 127297
REEN, JN A22265
ROBINSON, GF 131133
SINGLETON, PS 134890
STANDEN, NE 130436
WALSHE, VW 110111
WRIGHT, BR 422320
WYLIE, NJ 110582

AUSTRALIAN MARINER



LUTMAN, SA

The five names below appeared in December's 'Last Post' in error. The DVA has advised that a small number of its clients were impacted by a system reporting error and mistakenly reported to RSL NSW as deceased. The DVA has apologised for distress caused and invites those impacted to speak with the DVA directly on 1800 838 372.

NAVY

EAGLES, BL 66643 **JOSW, BH** R66585

ARMY

VRANKOVIC, I 46980

RAAF

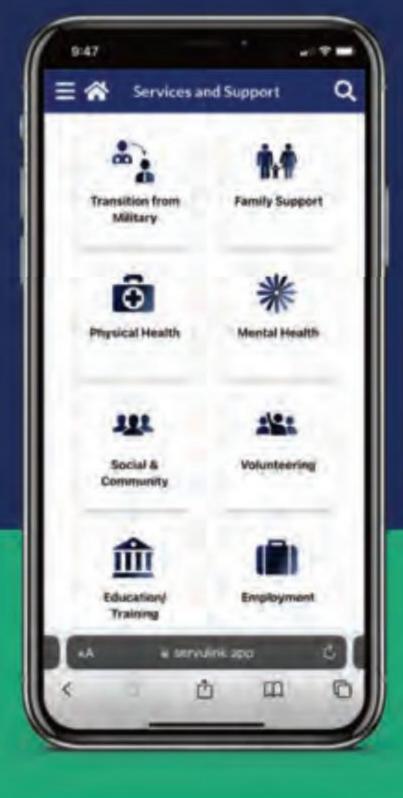
HARDING, IJ A511354 **STEAD, LV** A117693

The information contained in the Last Post has been provided by the DVA and RSL members. Where possible we have attempted to provide all service details. We regret any missing information.





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ARMY VS NAVY AQUA RUGBY NOVEMBER 2022

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— Bronsen Mitchell, National Manager for Army Rugby



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Engraved with Courage

Mateship

Pride

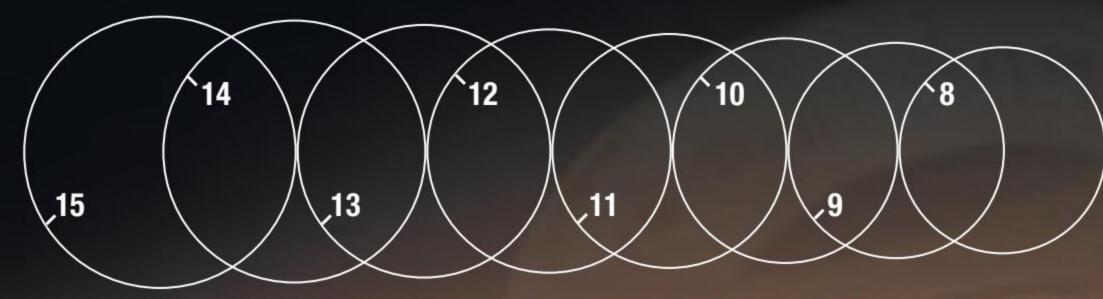




Raised-relief sides show the date of our nation's founding



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RSL NSW virtual event



How RSL sub-Branches are engaging veterans and their families to future-proof their communities



Discover new ways to gain new members, reach out to your local veterans and their families, and create a larger support community.

Tune in to RSL NSW's upcoming virtual event, *Q&A: How RSL sub-Branches reach out to veterans and gain new members*, to hear from fellow veterans about how their sub-Branches are attracting new members – and then take those tips back to your own sub-Branch.

Attendees will:

- Hear how sub-Branches are using the RSL NSW membership toolkit to reach new members
- > Find out which events younger veterans and their families attend
- Have the opportunity to ask the panel their own questions in a live Q&A



Virtual event

When: 7:30pm, Thursday 30 March

Where: Online

An invitation will be sent to all RSL NSW members and sub-Branches in March with details on how to register.